

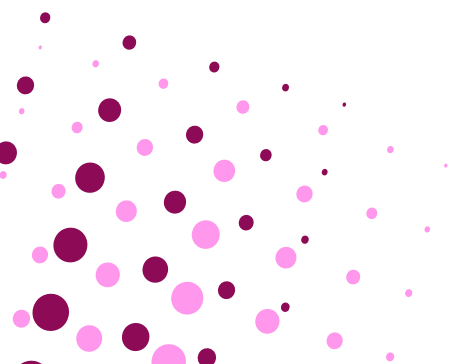
HOW SPEECH PATHOLOGY CAN SUPPORT YOU WITH



APHASIA

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WHAT IS APHASIA?

Aphasia is a **language disorder** caused by an injury to the brain.

It can affect all areas of language including:



Speaking



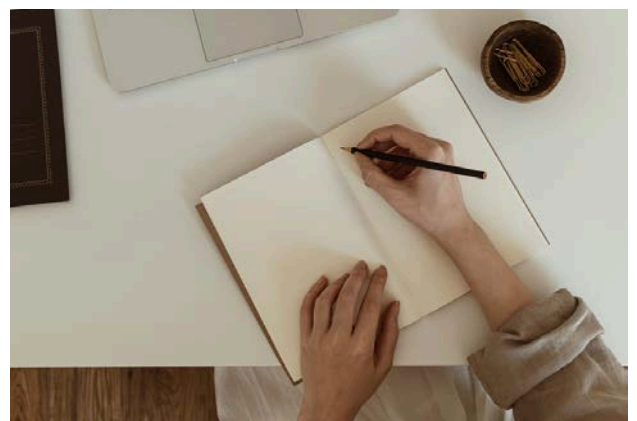
Understanding



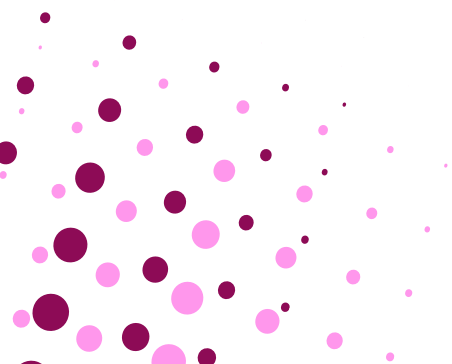
Calculating numbers



Reading



Writing



WHAT CAUSES APHASIA?

Aphasia can be the result of a:

- Stroke
- Traumatic brain injury
- Brain cancer
- Progressive neurological condition



I NEED HELP WITH...

SPEAKING

“ I have trouble getting my message across”

“I've lost my confidence talking”

“I know what I want to say, but have trouble finding the word”



SPEECH PATHOLOGY CAN...

1

Assess your language difficulties and help you understand what is causing your problems.

2

Provide you with **therapy to improve** your **word finding** difficulties and **language skills**.

3

Provide your **support people with strategies** to help you communicate with them.

4

Help you explore **different methods of communication** to help you get your message across.

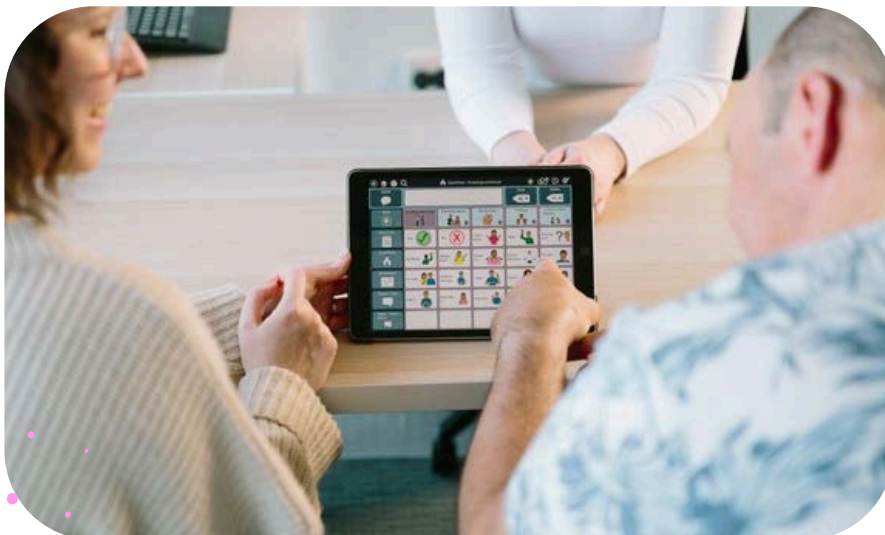


SPEECH PATHOLOGY CAN...

5 Explore **assistive technology** to help you communicate.

6 Provide you with strategies to **manage new situations**.

7 Link you with **community groups** to help you practice communicating with **people experiencing similar difficulties**.

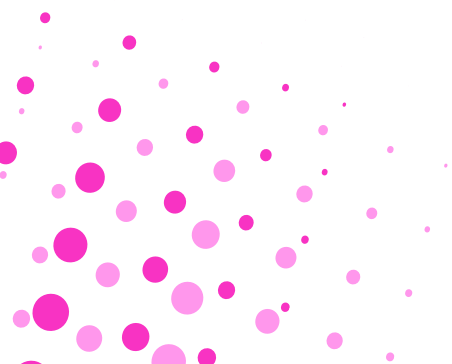


I NEED HELP WITH...

UNDERSTANDING

“I find communicating in groups hard”

“I can't follow what other people are saying”

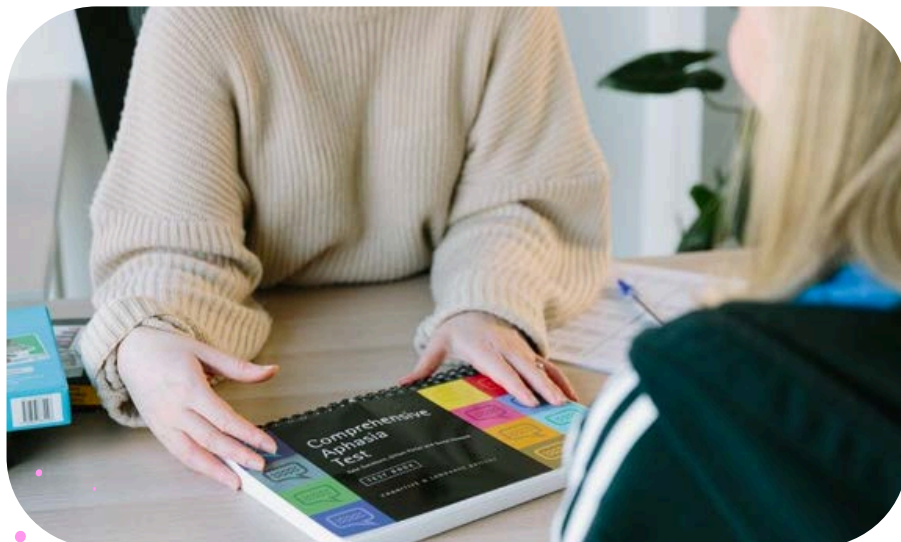


SPEECH PATHOLOGY CAN...

1 **Assess** your comprehension difficulties to better understand the problem.

2 Provide therapy to **improve your comprehension.**

3 Provide **strategies to help follow conversations.**

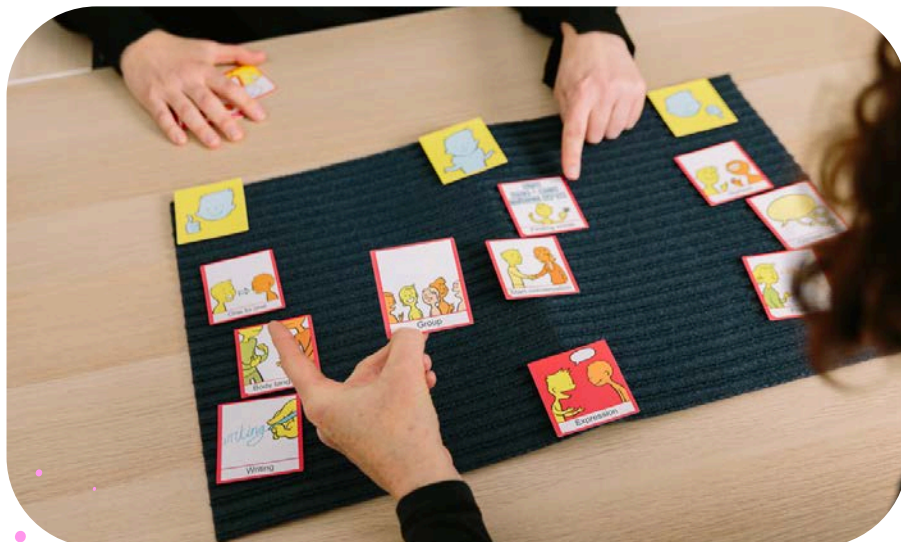


SPEECH PATHOLOGY CAN...

4 Provide **education and support to family** on how best to support your understanding.

5 Explore **assistive technologies** to support your understanding.

6 Provide you with strategies for **repairing conversation** when you've misunderstood.



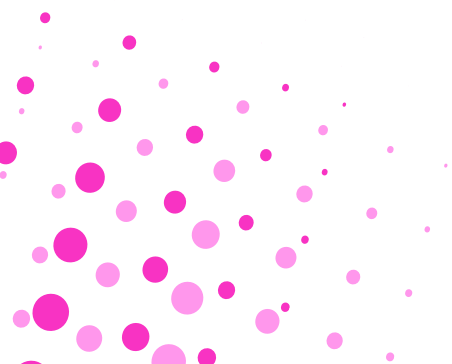
I NEED HELP WITH...

READING

"I can't read books like I used to"

"I have trouble understanding what I read"

"I often need to read things twice "



SPEECH PATHOLOGY CAN...

1 **Assess** your reading to better understand what is causing your reading problems.

2 Provide you with **targeted reading exercises** to help you improve.

3 Help you **read items** that are part of your **everyday life** (e.g. menus, timetables, TV guides, bills).

4 Help you **explore different ways** of getting information when reading is more difficult.

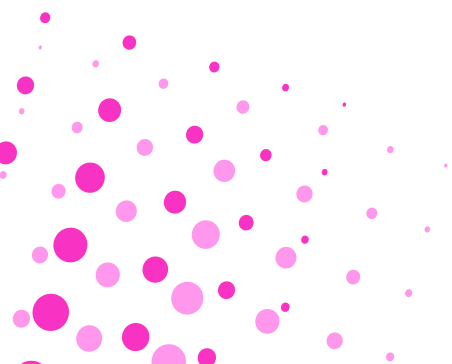
5 Explore **assistive technologies** to support your reading.

I NEED HELP WITH...

WRITING

“I get the letters mixed up when I try to write”

“I can't text or write emails like I used to”



SPEECH PATHOLOGY CAN...

1 **Assess** your writing difficulties and help you understand what is causing your problems.

2 Provide you with **writing and spelling exercises** to help you improve.

3 Help you to **practice writing** words and phrases that you **would use regularly** (e.g. name, address, texts).

4 Help you **explore other methods** of communicating when writing is more difficult.

5 Explore **assistive technology** to assist you with your writing.

I NEED HELP WITH...

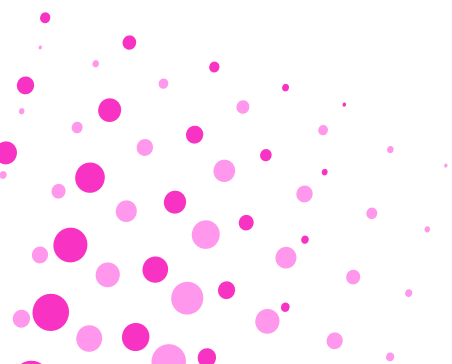
SUPPORTING MY FAMILY MEMBER

with aphasia

"My husband gets so frustrated when I can't understand him"

"We can't talk to each other like we used to"

"I feel helpless and don't know how to help"



SPEECH PATHOLOGY CAN...

1

Provide **education and training to family/friends** on how to communicate with someone with aphasia.

2

Provide support people with **strategies** to help start conversations, ask good questions and keep the conversation going.

3

Facilitate programs to do alongside your family member or support person to learn how you can both **communicate most effectively** with each other.





ONE

REHABILITATION
SERVICE

brain injury • stroke • neurological conditions

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