

## Tele-Health Setup for One Rehab Clients – Microsoft Teams

Download the Microsoft Teams App from your App Store. This is the platform that your device [iPad/tablet, iPhone] needs to run the meeting.

Please note: You **do not** need to sign up to Teams, you can log in as a guest.



### Microsoft Teams 4+

Hub for teamwork  
Microsoft Corporation

#2 in Business  
★★★★★ 4.7, 56.2K Ratings

Free

Your One Rehab Therapist will email you a link to your session.

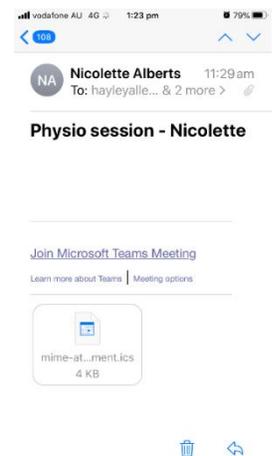
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● **Nicolette Alberts** 11:29 am > link  
 Physio session - Nicolette  
 Join Microsoft Teams Meeting  
 Learn more about Teams | ...

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Open the email on the device you want to use to conduct the Tele-Health session.

Click on the link – ‘[Join Microsoft Teams Meeting](#)’

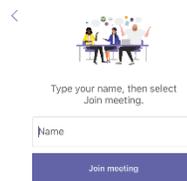


You will be provided with the option to 'Join as a guest'.

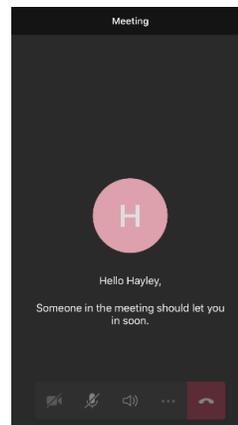
Click this option



Type your first name then click 'Join Meeting'



Your therapist will join you to the meeting  
and you will begin your session



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Ph: 08 7226 3223  
Fax: 08 7089 3927

Please contact your therapist if you have any concerns.

If you are having difficulties, please call your therapist to discuss.

**Things to Remember:**

- Make sure your device is charged prior to session, or have the charger ready to plug in if needed. Doing tele-health does use battery up
- Remember to check your video and microphone is on. You need to allow 'Teams' to access this.

